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Transactional Analysis: A Relational Perspective presents a relational model of psychotherapy which reflects the theoretical and methodological changes that have been evolving over recent years. In this book, Helena Hargaden and Charlotte Sills tell the story of their model through case history, theory and diagram illustrating how the unconscious process comes to life in the consulting room.

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Transactional Analysis: A Relational Perspective - Helena ...

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Transactional Analysis: A Relational Perspective ...

What Is Relational TA? ? Relational Transactional Analysis is a term that has evolved in recent years to describe an approach to our work that attracts TA practitioners from many different parts of the world,

and from across all four fields of TA; psychotherapy, counselling, organisations, and education. Over the past twenty five years there has been a significant shift in the transactional, technical, and theoretical emphasis of TA, one which has reflected a similar shift in the wider ...

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Welcome to IARTA

(2001). Deconfusion of the Child Ego State: A Relational Perspective. Transactional Analysis Journal: Vol. 31, No. 1, pp. 55-70.

Deconfusion of the Child Ego State: A Relational Perspective

Relational transactional analysis is the name used to describe the re-visioning and re-working of transactional analysis theory and methodology, so that it better supports a therapist who wishes to uncover, engage with and transform, not only explicit, but also implicit, relational expectations, which include both the 'longed for' and 'feared' other' (Fowlie 2005).

Heather Fowlie on Relational Transactional Analysis - PESI UK

Transactional analysis (TA) is a psychoanalytic theory and method of therapy wherein social transactions are analyzed to determine the ego state of the communicator (whether parent-like, childlike, or adult-like) as a basis for understanding behavior.

Transactional analysis - Wikipedia

Transactional Analysis: A Relational Perspective: Hargaden, Helena, Sills, Charlotte: Amazon.sg: Books

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It brings together developments in psychodynamic psychotherapy and applies them to the relational tradition within Transactional Analysis. It focuses on the relationship between client and therapist, the transference and countertransference, and guides you in understanding how to work in a relational way with clients.

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