

Iodine Testicle Painting Protocol

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Iodine Testicle Painting Protocol

This iodine painting protocol is based on the idea of topical or transdermal supplementation. A form of magnesium oil, a mixture of magnesium chloride and water, currently dominates. The theory behind this form of supplementation is that transdermal applications bypass the digestive system especially the liver.

Iodine Painting Protocol Leads To A Surge In Testosterone ...

The Iodine Testicle Painting Protocol! Step 1: Rub magnesium oil onto your chest, inner thighs and testicles every morning while showering. Leave the oil on... Step 2: While your body is still warm and slightly damp, coat your testicles with liquid Iodine. Then let them air dry. Step 3: Before ...

The Iodine Testicle Painting Protocol - Low Testosterone ...

Only on night 4 of this protocol, and feeling more horny by the minute! I have mixed the iodine with some water (20% iodine 80% water) and put it in a glass spray bottle I had kicking around. The addition of the water has stopped it stinging. However, I liked a little bit of sting, so may eventually 'up' the concentration a bit.

The Iodine Testicle Painting Protocol! (Page 2) - Thunder ...

Aug 17, 2019 - The Iodine Testicle Painting Protocol!The Strange Yet POWERFUL Technique That Will Flood Your Body With Testosterone And Harden Your Erections.With No Drugs - No Fake Hormones - No Devastating Side Effects. The information I'm about to give you is going to change your life.Physically. Emotionally.

The Iodine Testicle Painting Protocol - Low Testosterone ...

Iodine Painting. Reading through several dozen forums I found one seemingly popular method of trying to get more iodine into the testicles to flush out toxins was to paint it directly on the scrotum (ball sack). No, I am not making this up.

Iodine Increases Testosterone and Leydig Cell Functionality

You should take the Iodine 100 to 150 MILLIgrams, selenomethionine 200 mcg's, K2 5 mg's, D3 2000Iu's to start. The higher Iodine if you have already built up and that includes oral plus paint job. (Sorry couldn't resist)! Oh yea, don't forget the magnesium oil, 2 to 3 sprays a day.

Iodine painting on testicles. Don't laugh grrr at Iodine ...

1. consume about 10 brazilian nuts (selenium) along with the raw chocolate (magnesium) and sauerkraut liquid (K2) 2. mix your selection of quality salt in to a glass of water, and add 2 drops of iodine in to the glass, pour the mixture in to your mouth and keep there for a minute, then swallow. 3.

The Secret That Doubles Testosterone | Iodine | Chlorine

Without painting my testicles with iodine, my sex life is a big zero. However I mix 2% Iodine with water. 2 parts Iodine with 8 parts water. This mix of Iodine does not affect the skin yet the testicles still get the iodine they need. Grizz.

Men do NOT paint your testicles with iodine at Iodine ...

Well small mention, iodine is the stuff that is used directly to create testosterone in the testicles.. But I must admit, the same night I also used 2 ginger root capsules for the first time ever But the great EQ was that same night, right after the iodine dried up on my balls, so if it was one of the 2, it would have been the iodine since oral supplements really take a few hours atleast to ...

Opinions on topical iodine painting on the scrotum for ...

I have painted 20 drops of 5% elemental Iodine (Lugols should work too) on one side of the testes and perineum and then the next night, on the other side, making sure that 48 hours separates the same side painting. That way no sun burn effect happens. Note: A slight burning occurs momentarily when painting takes place, but is very tolerable.

Iodine painting your balls and magnesium painting your balls

The Iodine Testicle Painting Protocol 7 you're finished, rinse and then towel off. Step 2: While your body is still warm and slightly damp, coat your testicles with 3 drops of liquid Iodine. Then let them air dry. If your skin becomes sensitive to the iodine you can mix it with a small amount of light olive oil, grape seed oil or refined coconut oil.

Your particular - Big Natural Testicles

We recommend Lugols 5% Iodine (not tincture) be diluted 70% with water before applying to the testicles, then paint with grapeseed oil. This is not messy and is extremely effective to help prevent...

Iodine for The Prostate - Google Docs

A simple testicle massage with this prohormone and carrier oil mix will help increase sex drive and more. And what's more interesting is that whatever the prohormonal hormone, the carrier oil is key. If used with a little vitamin E or DMSO, the prohormone will transit into the skin and through the testicles.

Men: Paint these onto your scrotum - Daily Medical Discoveries

Yes, you heard me right: you can put iodine on your testicles. The iodine protocol that doubles your testosterone also includes adding supporting minerals such as selenium, magnesium, vitamin C, oral iodine, co-factors for ATP (B2 and B3 vitamins) and salt.

How To Biohack Your Testosterone - Ben Greenfield Fitness

Get an orange iodine tincture and paint about 3-inch square on your stomach or the inside of a thigh before going to bed. If the color is still the same in the morning, your levels should be OK. If no color remains, you're most likely deficient in iodine.

About Iodine Supplements | Benefits of Iodine | Lost ...

The Anabolic Men protocol for Iodine painting THE VITAMIN K2 You can easily get the needed vitamin K2 from fermented foods, such as sauerkraut &" most of the k2 is actually in the liquid of it, so...