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The Easy Lentil Cookbook is a complete set of simple but very unique Lentil recipes. You will find that even though the recipes are simple, the tastes are quite amazing. Come and see the amazing possibilities when you choose to make Lentils at home.

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STEP 1. Melt 1 tbsp coconut oil in a large saucepan. Add the onion and a pinch of salt, and cook for 8 mins. Stir in the garlic and ginger and cook for a few mins more. Add the lentils, turmeric and tomatoes, stir to combine, then pour in 1 litre of water.

Basic lentils recipe – BBC Good Food
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Make our tasty lentil recipe and use it as a base to make three more fabulous dishes. By itself it's a tasty vegan, low-fat and gluten-free meal ... It's also easy to double the quantities and freeze half for later 25 mins . Easy . Healthy ... Get 50% off your first recipe box, then 35% off the next three. Claim the offer

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Lentil curry recipes – BBC Good Food
Lentil recipes. Lentils come loaded with fibre and protein and are a cheap and easy way to bulk up a recipe. Try them here in both vegetarian and meat dishes, including soups, casseroles, salads and a knockout lasagne.

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STEPS: Heat the oil in a pot and fry the onions until golden brown. Add the yellow and red peppers, and the fresh tomatoes, and cook for a further 10 minutes. Add the garlic, all the spices and the tin of chopped tomatoes, then stir in the contents of the KNORR Vegetable Stock Pot. Season to taste with salt and pepper.

Easy Chickpea and Lentil Curry | Whats for Dinner | Dinner ...
50 minutes - This Detox Turmeric Lentil Soup is a simple, healthy and hearty meal that's great for digestion and the liver. Easy to make, packed with protein and delish!