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Carol Brayne, *Aging with Grace: What the Nun Study Teaches Us About Leading Longer, Healthier and More Meaningful Lives*. David Snowdon. New York: Bantam Press, 2001, pp. 256, \$24.95 (HB) ISBN: 0-553-80163-5., *International Journal of Epidemiology* , Volume 31, Issue 4, August 2002, Page 879, <https://doi.org/10.1093/ije/31.4.879>

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